



Field-based Natural History Courses In and About the Klamath Siskiyou

Dear Siskiyou Field Institute Participant:

You are registered to participate in **Edible and Medicinal Plants of the Illinois Valley with Erin Krenzer and Lauren Kemple**. Please arrive to sign in and meet your instructor by **10:00 a.m. Sunday, April 22** at Deer Creek Center. Class will conclude at 4:00 p.m.

Your balance due is \$ _____

Tentative course agenda*:

10:00 a.m. - Instructor introductions and outline for the day.

10:30 – 11:00 a.m. - Carpool to a field trip destination, probably off Caves Hwy. in Cave Junction.

11:30 a.m. – Plant walk with a discussion on identifying and ethical harvesting of local plants, as well as their edibility and medicinal uses.

12:30 -1:00 p.m. Lunch in the field

1:00 -2:00 p.m. Continuation of plant walk

2:00 – 2:30 – Head back to SFI.

2:30 p.m. –Discussion of basic medicine-making techniques

3:15 p.m. – Students will make their own tinctures.

4:00 p.m. – Class concludes.

**Please note: Times are approximate and subject to change.*

Appropriate attire and supplies:

Sturdy Shoes

Hand Lens

Hat

Water

Lunch/Snacks

Sun Screen

First Aid Kit

Trekking Poles

Field Clothes

Small Backpack

Other Supplies: Paper or cloth bag and knife or shears for harvesting plants

Suggested reading:

Medicinal Plants of the Pacific West by Michael Moore

Edible and Medicinal Plants of the West by Gregory L. Tilford

Pacific Northwest Medicinal Plants:; Identify, Harvest and Use 120 Wild Herbs for Health and Wellness by Scott Kloos

You are responsible for your own safety and should **bring necessary medications** (such as allergy medications, bee sting or insulin kits, sugar, etc.) you might need during this course. We suggest you tell other participants of a condition with which you might need their assistance (diabetes, allergic reaction, etc.).

Directions:

SFI/Deer Creek Center (DCC) is located at **1241 Illinois River Road in Selma, OR.**

From Grants Pass – Take Hwy 199 (Redwood Highway) south to Selma (approximately 20 miles). Turn right at the blinking light in Selma onto Illinois River Rd. There is a 76 gas station on the

PO Box 207 * Selma, OR 97538 * Ph 541/597-8530 * FAX 541-597-8533 * institute@thesfi.org *www.thesfi.org

corner. DCC is on the left approximately 1.5 miles up Illinois River Rd.

From Cave Junction - Take Hwy 199 (Redwood Highway) north to Selma (approximately 9 miles). Turn left at the blinking light onto Illinois River Rd. There is a 76 gas station on the corner. DCC is on the left approximately 1.5 miles up Illinois River Rd.

Please note: Most SFI courses require at least some driving. Students often opt to carpool to course sites to minimize environmental impacts to the area. Please be aware, however, that there will be no liability on the on the part of Siskiyou Field Institute for carpooling activities. Carpooling is a voluntary action of the participants.

Accommodations: SFI invites you to stay at DCC during your course, and we offer discounted rates to those attending our classes. **To reserve your space, call us or visit www.thesfi.org.** Check-in time at Deer Creek Center is 4pm; check-out time is 11am. If you arrive when the office is closed please call caretaker, Lillie Hazelton, at 541-787-5303 (you might want to call from the highway – cell phone reception at DCC is sketchy). Lillie’s number is also posted on the doors of Kendeda House.

- **Camping:** \$10/night double occupancy
- **Yurt #1:** (bunk bed in a shared room w/electricity) \$13/night per person
- **Yurt #2:** (bunk bed in a shared room, no electricity) \$15/night per person
- **Dorm:** (bunk bed in a shared room in house) \$23/night per person
- **Private room with bath:** \$55/night for one, \$13 for each additional person.

Deer Creek Center is a pet-free and smoke-free facility. Thanks in advance for your cooperation!

Meals are *not* provided in the course tuition. Please arrange to supply food for yourself. There is a restaurant and a grocery store in Selma. If you are staying in DCC’s ranch house (private room or dorm spaces) you will have access to the kitchen for food preparation. If you are camping (yurts or tent camping), there is a covered pavilion with picnic tables where you may set up your camp stove.

Environmental Precautions: To prevent the spread of **sudden oak death, Port Orford cedar disease** and **noxious weeds**, the Forest Service requests that participants **wash the undercarriage and wheels of their vehicles** before driving on public lands. Those coming from California (especially Marin, Sonoma, Napa, San Mateo, Santa Clara, Santa Cruz, and Monterey counties) should pay particular attention to such cleaning. Please tend to it before class time. Forest Service permit guidelines require that you **wash the soles of your boots/shoes**.

Payment Policy:

30 or more days before course	\$25 or 25% of tuition, whichever is greater, to reserve space
29-15 days before course	50% tuition due
14 days before course	Balance due* (or space not guaranteed)

**If full tuition is not received one week prior to the start of the course, we cannot guarantee your space in the class.*

Cancellation Policy:

30 or more days before course	Full refund minus \$25 administrative fee
29-15 days before course	50% refund
Less than 14 days before course	No refund

We look forward to seeing you. Please contact us if you have questions or concerns.

The Siskiyou Field Institute Staff